



XL SPORTS WORLD RICHMOND SUMMER CAMP 2021 COVID-19 GUIDELINES

XL Camp Families,

So much has changed in the XL Sports World (and the rest of the world) in the past year. In 2020 we were faced with a new reality of safety protocols and state/federal mandates. During Summer Camp 2020, we followed and exceeded state health guidelines and recommendations in order to successfully open our camps to the children in our community. We are committed to continuing to uphold this standard of best Covid-19 practices during Summer Camp 2021. We will continue to monitor health and safety regulations and will actively update our policies as we get closer to the start of summer camp.

As we navigate new protocols and procedures the one thing that will not change is XL's commitment to your family. Establishing and maintaining a safe, healthy and FUN camp experience for every child remains our top priority.

Our team is continuing to explore all options, protocols and health practices that factor into our ability to deliver summer camp safely. In this document, you will find all health and safety protocol outlines that we will be implementing this summer as well as our modified camp program outline, our new staff guidelines and new drop off and pick up procedures.

Your child's safety is and always has been our number one priority and we will continue to adjust our guidelines and protocols set forth by the CDC, the American Camp Association and other authoritative organizations.

As always, if you have any questions or concerns please do not hesitate to reach out.

PROGRAM OUTLINE

Camp XL may look different this year but we are excited for a summer full of SPORTS, FUN and just a hint of normalcy. With so much uncertainty surrounding us right now, field trips may not be an option for XL campers in 2021. Thankfully, we have an AWESOME facility with indoor and outdoor space for our campers to enjoy. This year our goal is to offer a safe and fun multi sport camp but with a twist.

By twist, we mean these rules and regulations meant to keep our campers safe:

- Campers will be divided by age and split into small groups under 10
Each group will be assigned a coach for the day
- Groups will stay together while rotating through sports/ activity stations.
- Interaction between groups will be restricted.
- Groups will have staggered lunch and snacks times in order to limit interactions with other groups.
- 6ft Social Distancing practices will be in place during snack/lunch breaks and when possible during activities.
- Each child will have a designated area for belongings.

Registration

Please register your child online through our website xrichmond.com. All days/weeks of camp are open for registration. If you are having trouble with your online account or need help with registration please email richmond@xlsportsworld.com or call 804-744-4600.

Payments

Payments will need to be made before drop off to make our new drive through procedures (outlined later in this document) run smoothly. Please Please take advantage of paying online as to not hold up drop off lines.

HEALTH AND SAFETY PRECAUTIONS

Our top priority is your child's safety at XL. We will continue to evolve our protocols as we receive information and recommendations from government agencies including the CDC and American Camp Association.

RULE #1: If your child or anyone in your household is not feeling well or experiencing and symptoms (fever, cough, shortness of breath etc) please remain home.

- At drop off every day each camper will receive a temperature check and be requested to share if any health conditions changed from the previous day.
- Any child with a temperature above 100.4 F will not be allowed to attend camp until they provide a negative COvid-19 test or have been fever free for 72 hours.
- Once entering the building campers will be directed to their groups by an XL staff member to avoid large group gatherings..
- At the beginning of each day there will be a comprehensive lesson on handwashing and hygiene practices. Lessons will be revisited on an as-needed basis with each group.
- Hand sanitizer and regular hand washing will be conducted between each activity.
- Any equipment used will be cleaned/sanitized between groups.
- A designated isolation area away from activities will be in place for any child that falls ill during camp. Parents will be contacted immediately to pick up child.

Reporting Illness

If your child or anyone in your household tests positive for COVID-19 and had attended camp at XL within 14 days prior please let us know ASAP. We will communicate to parents any positive reports that your child may have been exposed to.

FACILITY CLEANING PROTOCOLS

In alignment with public health recommendations, XL Sports is taking measures to prevent community spread of COVID-19, which includes undertaking enhanced cleaning and disinfection procedures.

XL Sports World has installed UV light filters that kill all viruses and germs as the air circulates the building.

- Increased number of cleaning staff will be on site keeping the facility clean throughout the day.
- Cleaning staff will be divided into two groups. “Deep clean team” and “quick reaction team” clean.

Quick Reaction Team

- The role of this team is to follow camp groups throughout the day and clean
- any equipment used for each activity and any surfaces touched before then next group enters the station.

Deep Clean Team

- The role of this team is to increase the frequency of cleaning and disinfecting,
- focusing on high-touch surfaces, such as tables, chairs, bleachers, restrooms,, handrails, faucets, and doorknobs.
 - All floors, surfaces and restrooms will be cleaned, again, professionally each night
 - Increased number of hand sanitizer stations can be found throughout the building.

XL will also be following the CDC recommended National Health and Safety Performance Standards routine schedule for cleaning, sanitizing and disinfecting.

XL SPORTS STAFF GUIDELINES

We have recruited the best of the best to keep your child healthy, safe and having fun this summer! Majority of our camp staff this summer will consist of XL managers and program directors who all have college and/or professional sports backgrounds and 10 + years experience in education, camps, youth program management and coaching. Through the excitement of getting back on the field our team has been working around the clock training on our new protocols and procedures to make the best of a COVID-19 guided summer camp.

- XL staff are required to undergo a health exam before each shift that includes temperature checks and a brief survey.
- XL staff are required to wash their hands at the start of every shift as well as extensively throughout the day while also using hand sanitizer stations between activities.
- XL staff are required to report any symptoms they may be experiencing and to stay home at any sign that they may be sick.
- XL staff are required to wear facial coverings during camp.
- XL staff are required to keep a 6ft distance from all customers including campers whenever possible.
- XL staff are required to stay local and practice social distancing
- Any staff member traveling out of state will not be permitted to work for 14 days upon arrival back to Maine.
- Any XL staff member cooking/ preparing camper food must be ServSafe certified and up to date on all ServSafe Covid-19 recommendations.

XL Sports World Coaches will be conducting camp using a social distancing based curriculum designed to minimize group interaction and peer to peer contact as well as ensure a safe environment for themselves and campers.

DROP OFF/ PICK UP PROCEDURES

Camp Parents! We look forward to welcoming you back inside our facility...next year. This summer we will be implementing drive through style drop off and pick up so please follow parking lot markers and stay in your vehicles. Contactless check in procedures will be performed by XL staff. If you need to pick up your child before 5pm or will be later than 9am dropping off please call ahead so we can be ready for you.

When entering our parking lot you will see two options as to which direction you can head. Please follow accordingly.

Drop off with Payment/ Registration

- If you need to pay for and/or register your child you will need to follow the parking lot markers and find a spot to park. Please then visit the desk located outside (weather permitting) the front door and an XL staff member will assist you. If there is a line please follow the social distancing markers on the ground and stay 6ft apart. Keep in mind that our 40 participant max is mandated by our state government and if you do not register prior we may not have space the day of to take your child.

Drop off for those already paid

- Please follow parking lot markers and remain in vehicle. An XL staff member will assist children in exiting car as well as conducting temperature checks. Campers will then be directed into the building and greeted by a staff member inside.

Pick Up

- Please follow parking lot markers and remain in car. An XL staff member will approach driver window to check out child. Please have ID ready. XL staff will then radio inside to have your child sent out and will assist child in entering the vehicle.